



**LAGOS STATE UNIVERSITY OF SCIENCE AND TECHNOLOGY  
(FORMERLY LAGOS STATE POLYTECHNICS)  
INTERNAL MEMO**

From: Directorate of Research, Innovation  
and Development (DRID). LASUSTECH

To: Impact ranking 2025 edition

Date: 17/10/2023

**LASUSTECH OVERALL REPORT ON SDG 3 (GOOD HEALTH AND WELL-BEING)  
REPORT**

LASUSTECH is committed to achieving the Sustainable Development Goals (SDGs), and SDG 3, **Good Health and Well-being**, is a top priority for the university. The university has made significant progress in recent years in addressing SDG 3, and this report highlights some of the key achievements which include improving on the:

- a) community life expectancy
- b) infant and child mortality rates
- c) maternal mortality rates
- d) prevalence of major diseases (e.g., HIV/AIDS, malaria, tuberculosis)
- e) access to healthcare services at a subsidized rate
- f) health insurance coverage (Ilera Eko)
- g) nutrition and food security
- h) mental health

The list of LASUSTECH's initiatives and programs aimed at achieving SDG 3 include:

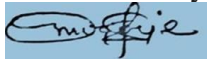
- a) health systems strengthening by building a brand-new health centre at the ikorodu campus.
- b) disease prevention and control (covid -19 prevention)
- c) promotion of healthy lifestyles
- d) access to essential medicines
- e) universal health coverage ( Ilera-eko )
- f) health education and awareness
- g) community engagement
- h) partnerships and collaborations

However, the key challenges that hinder progress towards SDG 3 in our organization includes:

- a) Funding constraints
- b) Inequality and discrimination
- c) Lack of infrastructure
- d) Limited human resources
- e) Emerging health threats

Moving forward, in spite of these challenges, our university knows the importance of SDG 3 and it is committed to promoting health and well-being for all and sundry.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'S O Omogoye', is placed over a light blue rectangular background.

Engr Dr S O Omogoye

Ag Director DRID

LASUSTECH

Data provider

## CAREER SERVICE AND GUIDANCE COUNSELLING UNIT

### SDG 3-GOOD HEALTH AND WELLBEING

Does your university as a body provides students with access to mental health support? **YES**

Does your university as a body provide staff with access to mental health support? **YES**

The university, due to our peculiarities assist our students both in diagnosis and treatment for mental health support through the following channels;

- 1.Booking of appointment, either through self-referral or referrals through the university clinic, lecturers and staff and also the student's platform.
2. The university is staffed with professional counsellors also, highly accessible location with a conducive environment and right timing for counselling sessions both individual and group counselling.
3. Organizing workshops and seminars on mental health topics.
4. Encouraging open conversations about mental health within the campus community.
5. We collaborate with academic planning board to incorporate mental health support into academic advising by training advisors to recognize and identify signs of mental health distress, providing resources and referral to students with additional support.
6. Providing online mental health training to students on their platforms.
7. We also promote healthy life style practices
8. Conducting regular assessment on mental health needs through inventory and psychometric instruments.

LASUSTECH has really created a more supportive and inclusive campus environment where students feel comfortable seeking help and prioritizing their mental health.

Pictures of counselling sessions and seminars are hereby attached:



Thank you all.  
Best regards,



**Dr. Olusola Temitope ONI**  
Ag. Director, CAREER SERVICE AND GUIDANCE COUNSELLING UNIT  
LASUSTECH